This park was the site of the second stadium for the Tokyo Olympics in 1964, hosting wrestling, volleyball, and other competitions. It was opened to the public after the Olympics as a park; and today is known as a sports park that harmoniously blends greenery with several of sports facilities.

**Sculpted hedges**

Even with all the concrete sports facilities across the park, this place doesn’t present a cold atmosphere. Broad expanses of greenery work to soften the atmosphere.

One of the elements that accentuate the green spaces is the sculpted hedges. They are pruned to resemble artificial hills in Japanese gardens, and the undulating shapes soften the atmosphere of the athletic field. Castanopsis trees extend from part of the hedges across the park path, forming a green tunnel.

**Large trees**

Another element that creates green space is the thousand-odd tall trees, including cherry trees and zelkovas. When the park was first opened, trees that were already fairly large were chosen so they wouldn’t be overwhelmed by the large sports facilities. In little time, they have created a landscape befitting a large park.

**Children’s fields**

The park has three children’s fields surrounded by trees: Squirrel, Pig, and Horse parks. Each has its own distinct type of playground equipment, and is frequented by children.

**Jogging course**

Enjoy the changes of the four seasons while jogging on the approximately 2,140-meter round course through the shade of trees. This course is used continuously throughout the year.

**Cycling course**

In addition to the 2,080-meter cycling course, there are “tinkle field,” a field for bicycles with training wheels for children, and “pairpair,” a four-wheel bicycle course. Riding in the shade of the trees is as popular today as ever. (Rental bicycles available for a fee.)

**Dog run**

After required registration, dog owners can unleash their dogs here, on the condition that they would observe good manners. In this fencedoff space, dogs run and play free.

**Splashing pond**

This area is opened up to children in the summertime so they can play in the water.
Komazawa Olympic Park flower calendar

Jan.–Feb. Camellia, Japanese apricot, witch hazel
Mar.–Apr. Cherry, kobushi magnolia, dogwood, azalea, forsythia
May–Jun. Satsuki azalea, hydrangea, storax, snow flower
Jul–Aug. Crepe myrtle, cotton rosemallow
Sep.–Oct. Japanese bush clover, orange osmanthus
Nov.–Dec. Sasanqua